

# Hope *and* healing

- Bushfire recovery projects: thanks to you
- COVID-19 emergency assistance for animals
- Historic wins against live export cruelty
- Opening cage doors, together



A thank you and an update from Australia's leading animal protection organisation

# Thank you

We're halfway through 2020 and the world is a very different place to the one we knew when we welcomed in the new decade.

It hasn't been lost on us how fortunate we are at Animals Australia to have been able to continue our vital work on behalf of animals during so much uncertainty, globally. Indeed, your unwavering generosity and kindness have allowed us to do even more than we'd planned at the beginning of the year.

Having such a strong foundation of support has enabled us to respond to the emerging needs of animals, first throughout the bushfires that devastated our country and now in the midst of this global pandemic. Your kindness ensures we can be where animals need us and gives us the freedom to explore new opportunities that inevitably arise in any time of great change.

**“Having such a strong foundation of support has enabled us to respond to the emerging needs of animals, first throughout the bushfires that devastated our country and now in the midst of this global pandemic.”**

We are bringing one of those opportunities into fruition right now in the form of a first-ever national veterinary disaster response agency to ensure that the welfare of animals impacted by fires, floods or any emergency situation is addressed. Because of your generosity, we have been able to provide foundational funding to establish Veterinary Emergency Management Australia.

News of VEMA's creation has been positively received by vets, wildlife groups and government authorities. The existence of VEMA will be paradigm-shifting in terms of the consideration and priority animals are given during times of crisis.

Within this newsletter, you'll read more about how you helped fuel a life-saving response to both the

bushfire crisis and, more recently, to the pandemic impacting animals and people all around the world. COVID-19 has not only shaken up life as we knew it, but it's given us an insight into what it is like to have the freedom to live life as we choose removed.

Knowing this, it is our intention to embrace the opportunity to create

unprecedented empathy for the many animals for whom this is a life-time reality. And as such, I'm excited to reveal to you that our team is right now preparing a public campaign to represent these animals. A global crisis has put animals front of mind, our job now is to position them firmly in human hearts so the much-needed healing of our relationship with our fellow species can begin.

Stay tuned... and as always, my immense gratitude to you for making our life-saving and transformational work on behalf of animals possible.

For the animals,



**Glenys Oogjes**  
CEO



# Why we have HOPE...



While this year's bushfires resulted in an unprecedented loss of animal lives, the outpouring of concern, distress and generosity we witnessed from across the world so clearly reinforced to us that animals matter to people — they matter deeply.

When people around the world saw photos of koalas or kangaroos impacted by fires, their hearts reacted and filled with the desire to help and alleviate the suffering of these animals.

The images of burned cattle and sheep may have been far fewer in the media — but when the spotlight focused on their suffering, these animals, too, instantly activated our hearts in sorrow and distress for all they had endured.

And therein lies the 'silver lining'; the precious insight from this tragedy that fuels our belief in our ability to create a kinder world for all animals. That it matters not whether they hop, burrow, walk, climb or fly — or whether they are covered with skin, fur, fleece or feathers — they matter deeply. We don't want to see any animal suffer.

The only factor preventing a similar outpouring of concern for the suffering of farmed animals in

human-controlled systems — is that people simply don't know the truth. They don't know that while their compassion doesn't discriminate, the laws that protect animals do — and that there is a conspiracy of silence around this unpalatable reality.

**“We also witnessed something extraordinary awaken in human hearts that, if harnessed, has the power to help countless animals in Australia and around the world.”**

It is not in the interests of animal industries, or the governments that support them, to highlight exemptions in animal cruelty laws, nor the consequences for animals who fall into these categories. And that's why the efforts of Animals Australia to reveal the truth is so important.

During these fires we witnessed the power and ferocity of a natural force that took all who was within her path. But we also witnessed something extraordinary awaken in human hearts that, if harnessed, has the power to help countless animals in Australia, and around the world.

And that is why, on your and the animals' behalf, the Animals Australia team will be working diligently to harness that compassion; to harness the best in us; to bring about a world where all animals are protected from abuse and where their interests too are considered and acted upon.

During the rest of 2020, along with our disaster response work, we will be launching further ground-breaking public awareness initiatives to highlight where farmed animals need our help. Because each and every one of us knows: true compassion doesn't discriminate. Our hearts respond to them all.

Thank you so much for your kind heart, generous support and for fuelling our efforts to create a kinder, more just world for all of us.

A handwritten signature in blue ink that reads "Lyn White".

**Lyn White AM**  
Director of Strategy





# SAVING LIVES

## during a global pandemic

As borders rapidly closed and travel was restricted due to COVID-19, we immediately reached out to some of our international colleagues to get assessments of how animals were being affected in their countries — and how we could help.

The global shutdown of the tourist trade continues to have enormous implications for animals in many countries. Horses and elephants subjected to the daily labour of carrying tourists for 'rides' or transport quickly became 'collateral damage', as these industries ground to a halt. Some faced days or months chained, others were sold off or faced starvation as owners become unable

to feed them without an income. We also had dire concerns for animals living on the streets, whose ability to survive was dependent on tourists, scraps from now-closed restaurants or locals who were placed in lockdown.

**Top:** The team from Jakarta Animal Aid Network responded rapidly to help working carriage horses whose owners could no longer afford to feed and provide veterinary care during nationwide lockdowns.



**Above:** Compassionate volunteers from Help in Suffering, India have ensured that street living animals had access to the food and water they needed to survive.

## You helped provide an emergency grant program to support these groups and their work for animals in the following ways...

- Assisting our vet team on the ground in Indonesia, who provided free vet clinics for street animals, and aided local feeding programs for animals in need. They also monitored wet markets, and captive animal facilities like local zoos and wildlife parks as the situation became dire throughout Indonesia.
- Contributing to help feed the millions of street animals who rely solely on the kindness of strangers for their meals, and treatment and rescue when sick. You helped local groups ensure that they were still fed and cared for during lockdowns in Lebanon, Indonesia, Palestine, India, the Philippines, Colombia and Uruguay.



- Supporting working donkeys, horses, camels and bulls in Indonesia, Egypt, India and North Africa, to ensure that local projects had access to funding to continue to care for them at a time when their owners may be without income, or their usual fundraising programs were disrupted.
- Helping provide the hundreds of elephants within 'riding' camps in Thailand with food, and in the longer term, support the work of a local NGO to provide positive

education programs encouraging more ethical 'hands off' models of tourism.

- Establishing an emergency fund for animal rescue groups in Australia affected by COVID-19.

Through the work of these incredible advocates, we were reminded that even amidst the very challenges of this global pandemic, there are caring people everywhere working day and night to help animals. Thank you for helping them, too. ■



**Above:** Save Elephant Foundation has been sourcing critical food supplies to ensure elephants throughout Thailand are fed as the tourism trade ceases.

**Above:** This little puppy has a chance thanks to you and Help in Suffering, India.

**Top right:** You're helping to feed hungry animals and supporting the tireless work of Help in Suffering, India.

## COVID-19 & animals: how we can all help



**S**adly, there's a long history of deadly pandemics that are, like COVID-19, deeply rooted in our treatment of animals — especially the 70 billion who are raised and killed for food each year around the world.

To help protect animals and people from future pandemics, Animals Australia recently joined over 200 animal protection and conservation groups urging the World Health Organization to call for a ban on wildlife markets and curb the illegal wildlife trade.

Yet there is more to reducing this risk than banning 'wet markets' and the slaughter of 'exotic' animals to be eaten. Evidence shows that industrialised food systems, including crowded and dirty conditions in factory farms in Australia and globally, can provide breeding grounds for diseases to cross from animals to humans, too. This is another reason we are as committed as ever to ending factory farming — the number one cause of animal cruelty in the world today. ■

**Read more and find out how you can help:**  
[AnimalsAustralia.org/pandemics](https://AnimalsAustralia.org/pandemics)

## Helping animals & people

# RECOVER

## from bushfire tragedy

Your generosity has continued to support animals in fire-affected areas, and those working tirelessly to assist them. Whether through veterinary care, on-the-ground feeding programs or habitat-restoration projects, your donation continues to make an impact.

In Victoria, we leased planes and flew Vets for Compassion into the cut-off town of Mallacoota. In South Australia, we provided funding to vet teams deployed on Kangaroo Island and in the Adelaide Hills. In New South Wales, we funded triage teams in the Blue Mountains region. We provided funding to vet clinics in other smaller regions to facilitate free treatment of any bushfire affected wildlife who were brought to their clinics.

As well as emergency vet treatment, it was immediately clear to us that surviving animals needed longer term care, as with their homes and food sources destroyed, they would quickly die of starvation. So, working alongside caring locals in fire-impacted areas, we helped establish feeding programs for wildlife.

We wanted to ensure that your bushfire donations quickly reached those on the frontline who selflessly



▲ This koala, captured on firegrounds in Mallacoota, was assessed for treatment by Vets for Compassion thanks to your generous support.



dedicate their lives to helping wildlife — the volunteer carers and shelters. To do this, we immediately provided a significant donation to the Foundation for National Parks and Wildlife, which launched a grants program to quickly get money to wildlife carers in need.

From the entire Animals Australia team, we extend a heartfelt thank you on behalf of wildlife who so desperately needed us during the bushfires. ■

⬆ This little wombat joey was rescued on the South Coast of NSW. Volunteer wildlife carers there worked around the clock to care for wildlife injured and orphaned in the aftermath of the fires. You helped provide emergency grant funding to wildlife carers around the country.

⬇ You also supported the rescue efforts of experts like Marcus, from Alphadog AnimalArmy, who immediately deployed to dart and capture surviving kangaroos in southern NSW.

⬇ Flying in much needed relief — your donation helped charter flights with thousands of kilograms of food for wildlife around Mallacoota, to support animals in the critical weeks after the fires.



⬆ Like so many others, Cuddles the koala was found and rescued by caring locals from within the firegrounds in Mallacoota. Then, thanks to you, Cuddles was treated by vets and returned to the wild once he recovered from his injuries and there was enough food available in the area for him to survive.



Photo: Louisa Schlepper





Orphaned kangaroo joey Picasso was rescued from the Mallacoota firegrounds. Your donation meant he could be treated by Vets for Compassion and reach the safe care of the Mallacoota wildlife shelter. He is one of the lucky ones who will hopefully be released back home into the wild when he's old enough.

## After bushfire tragedy, there's hope in Cobargo

On the last day in December 2019, bushfires tore through the Cobargo Wildlife Sanctuary with unimaginable speed and ferocity. When Sara and Gary returned for the first time after the fire, with only a ute-full of food for any survivors, devastation laid before them.

The house was reduced to ash. Enclosures were flattened and the animals who they had lovingly hand-raised, were gone. Your support has assisted Gary and Sara rebuild their lives, and their sanctuary. New kangaroo enclosures have been built, power has now replaced a makeshift generator, and shoots of grass have now 'greened' the property. The new arrivals came quickly — twenty orphaned joeys plus injured adults needing care and love have since



## You're providing water to thirsty wildlife



Photo: Arid Recovery

Thanks to your support, we could launch Water for Wildlife in partnership with DoSomething — a community initiative to assist native species across Australia severely affected by bushfires, heat waves and drought. So far you have helped provide 1000 water stations for native animals around the country.

Learn more at [AnimalsAustralia.org/water-for-wildlife](https://AnimalsAustralia.org/water-for-wildlife)



PHOTO: Happy Happy Soy Boy



arrived. They're bringing life back to the sanctuary and hope to Sara and Gary. Because as they slowly recover, so will the wildlife around them. Follow their rebuild and recovery on Facebook at Cobargo Wildlife Sanctuary. ■

Sara and Gary lost everything in the Cobargo bushfires. For these dedicated wildlife carers, animals are their life, and protecting them is their calling. So, in the aftermath of the fires, they found strength in the need to keep caring. Your generosity helped them do just that

# Koalas *bulldozed*

## THE FIGHT TO HELP THEM

In January we became aware of a horrific situation unfolding on a property in South-West Victoria. Many koalas and their joeys lay dead and dying, after the trees they were living in were cut down and bulldozed to make way for grazing sheep or cattle.

The shocking discovery was reported by locals, and we immediately activated a team of vets to assist.

More than 200 koalas needed rescuing, with some found in such poor condition that the kindest option was for them to be euthanased. We sourced an expert tree climber to safely access and retrieve surviving koalas who were clinging on for life in difficult-to-reach places.

As part of the response, our Legal Counsel and other support staff were deployed on site within the critical initial period, to capture and preserve evidence that formed the basis of an official legal complaint detailing clear breaches of wildlife and animal

protection laws. We also provided support and funding to a local volunteer carer tirelessly working to help these and other koalas.

This situation highlighted the ongoing threat to animals like koalas whose habitats are becoming increasingly scarce every single day. Koalas' homes are still being logged for paper and cleared to make way for animal agriculture.

Until governments step in to protect wildlife and their homes, soon there will simply be no safe place left for native animals to go. But, thanks to you, these surviving koalas and their babies are safe, for now. ■



PHOTO: Vets For Compassion

PHOTO: Vets For Compassion



PHOTO: Animals' Angels

# LIVE EXPORT

## progress and *global* work

It may feel like the world has come to a standstill, but from Australia to South Africa you're helping to make major in-roads on efforts to expose and curb cruelty to animals in the global live export trade.

### 📍 AUSTRALIA

One million Australian sheep will be spared from live export every year thanks to a government decision to ban the shipping of sheep into the deadly heat and humidity of the Middle East summer. Since our first investigations in 2003, 5 million fewer animals are subjected to this trade annually.

### 📍 SOUTH AFRICA

South African sheep will also get a reprieve from these dire shipping conditions, with authorities following Australia's lead in its response to

the unavoidable suffering of animals exported during extreme temperatures. We're supporting our colleagues at the NSPCA to try to keep live exporters out of that country, for good.

### 📍 EUROPE

The efforts of our European team have paid dividends with a commitment from the European Commission to review transport laws, including live export. This could be game-changing for the hundreds of thousands of animals subjected to the stress of lengthy journeys throughout the continent, and beyond each year.

### 📍 ROMANIA

In Romania, authorities continue to battle it out over a new law which would institute a shipping ban into the Middle East summer and require vets to be on board every shipment. Our

Animals International team is working to secure support for this critical legislation and explore other avenues to stop live export from Europe's biggest exporting country.

Live export is awful for animals at any time of year, but from May to October — the height of Middle Eastern summer where heat and humidity reach suffocating levels — the risks for animals are exacerbated. Few people would forget the horrific images of Australian sheep covered head to toe in melted excrement and struggling to breathe; literally cooking from the inside out in the bowels of a live export ship.

We want the global live export industry to end and we remain ever committed to that goal. Every time the trade is disrupted by not being able to access animals, we undermine the business model on which this industry has been built. For now, we celebrate every animal spared from this trade and the significant precedent that has been set, legally prohibiting live sheep export for the worst three months of the year. ■

**Top:** We worked with Animals' Angels and Animal Welfare Foundation to track the fate of lambs exported from Romania, making media headlines and sparking a national outcry.

## Scoring international media headlines for animals

Thanks to your support of our Investigations Unit, we've again been able to put investigators into the field where animals are most vulnerable to abuse and cruelty.

Critical evidence gathered of European and South American animals exported to the Middle East and Africa have led to major media exposés in Austria, Germany, France,

the Czech Republic, Croatia, the Ukraine, Brazil and Italy. And that's just in the last six months.

Working collaboratively with colleague groups on the ground in these countries, we are combining our evidence and experience with their local political and campaigning expertise to provide exported animals with the strongest possible representation. All towards our shared goal of ending live export. ■



**Left:** Animals International EU Director, Gabriel Paun speaking on German television program ZDF — the equivalent of Australia's 60 Minutes.

## 56,000 SHEEP *spared from* LIVE EXPORT

The new summer prohibition was put to the test on Day 1 with an exporter seeking an exemption that would see 56,000 Australian sheep shipped into the furnace of the Middle East summer.

Thousands of people turned their shock into action to speak out for these animals. And we worked every strategic angle we could to present the strongest possible case that these sheep should not be exported. This included critical analysis from an expert climatologist that warned, if the ship set sail, it would be sending animals directly into the 'danger zone' for heat stress.

It was a tremendous relief to be notified that the exemption was declined, and that the laws we worked so hard to get in place would be upheld.

While there would be no 'happy ending' for these sheep who would

be sent to local slaughterhouses in Western Australia, they were spared the extended and extreme suffering of weeks at sea as well as the pain and terror of fully conscious slaughter.

This landmark decision also sent a very strong message to live

exporters: they are no longer above the law, and they can no longer 'call the shots'.

Thank you for ensuring we could give these animals the representation they needed and deserved.





# Creating long-lasting change for animals

During this time of prolonged crisis, we've seen some of the very best of humanity. An unprecedented outpouring of compassion for animals — from all corners of the globe — has put animals at the forefront of hearts and minds and reminded us that the lives of some of the most vulnerable among us truly matter, to all of us.

Sadly, as long as animals are seen as 'different' and defined only by their 'usefulness' to us, they will remain vulnerable to cruelty and abuse. But, with your support, every day we step closer to that kinder world where animals are valued not for what they provide or produce, but for who they

are. A world where they are not just considered 'cargo' or 'stock' but respected as living, feeling individuals.

By pledging a monthly gift to Animals Australia, you will help protect animals every day. From the mother pig inside a factory farm who longs to comfort her babies; to the hen condemned to a lifetime inside a tiny battery cage; or the terrified steer exported alive to a slaughterhouse far from home.

They're the reason we'll never give up. You'll be the reason we can make that commitment.

Create change today at  
**[AnimalsAustralia.org/donate](https://AnimalsAustralia.org/donate)**



## Factory farming — “See Me Now”

They are the ‘invisible’ animals hidden inside factory farms all around Australia. They are denied the most basic freedoms: freedom of movement, freedom of expression, freedom of choice. They are even denied simple protections from confinement and cruelty — all because they were born into the category of ‘food’ rather than ‘friend’. Thankfully, these animals have a friend in you and many other Animals Australia donors who made our latest ad campaign possible, to shine light into the dark places they currently call ‘home’.

It’s now ten years since laws that allow Australian hens to be kept in battery cages were supposed to be reviewed — 20 years since the European Union decided to outlaw barren cages. Yet despite the biggest public consultation in Australia’s history — generating 160,000 public submissions calling for a ban on cages — the ‘poultry code’ review is stuck in a bureaucratic cycle of delay. And all the while, 11 million hens still wake up in cages around this country each day.

The laws that allow mother pigs to be kept in cages not much bigger than their bodies are being reviewed too. And while we’ll embrace every regulatory opportunity to create lasting change for animals, we

will never rely on them to be their gateway to freedom.

While animals remain confined in factory farms, we will make sure they are seen, and that their stories are told. Our eye-opening TV ad ‘We See You’ has already reached millions of Australians. To ensure that these animals wouldn’t be forgotten during this unprecedented global emergency, we’ve kept this powerful ad on air and online — where their plea to be seen, heard and helped reaches thousands more people every week.

The COVID-19 pandemic has shone a spotlight on the more ‘visible’ cruelty to animals in illegal wildlife markets — their treatment and suffering is

of course, terrible. While pigs and chickens may not make the news every night, their prolonged, daily suffering as part of our fundamentally broken food system, is just as real, just as terrible, and is equally deserving of our attention and consideration. Indeed, given the link between deadly pandemics and our treatment of animals — be they farmed or wild — a better future for all of us, our fellow species included, depends on it.

Watch this space for how we are taking our efforts to help animals trapped in factory farms to the next level. ■

**Discover how you can help at [AnimalsAustralia.org/see-me](https://www.animalsaustralia.org/see-me)**



Our powerful TV ad highlights the experience of sensitive, intelligent animals like pigs and chickens in factory farms and slaughterhouses.

## Freeing hens from cages

Your kind support continues to underpin our work speaking out for each gentle hen trapped in a battery cage — because her longing to stretch her wings is as keen as our determination to free her.

Working with the Open Wing Alliance — a coalition of dozens of animal protection groups from around the world — we've seen major progress for hens:

### Choice Hotels International, Inc.

One of the largest chains in the world, with 270 locations in Australia alone, Choice Hotels' commitment to use only 100% cage-free eggs globally by 2025 will spare countless hens from a 'life' of misery and deprivation in battery cage.

### Conga Foods

This huge wholesaler has committed to using 100% cage-free eggs for all its products by 2022. This will create a ripple-effect for hens — because it means that all their suppliers must also use cage-free eggs in products ranging from pasta to cakes and biscuits.

### Bidfood Australia

Bidfood distributes 115 million eggs to the foodservice industry each year including restaurants, cafes, hospitals, hotels and schools. This cage free commitment will see 380,000 hens spared life in a cage.

### Costco

One of the largest retailers in the world, Costco has started publicly



tracking their progress towards ditching cage eggs. Costco Australia reports that 74% of eggs sold are now cage-free. We'll continue to encourage further steps in the right direction for hens.

### Minor Hotels Group

Minor Hotels has pledged to go 100% cage-free globally by 2027. Animals Australia worked alongside several animal protection organisations to achieve this outcome, which will see hundreds of hotels cut cruel cage eggs from their menus globally. ■

## Saving ducks from shooting

Given the traumatic start to the year for both people and animals in Australia, it was hard to believe that Victorian Premier Dan Andrews allowed shooters to descend on regional communities to kill and maim native waterbirds — and all in the name of 'recreation'.

Raging bushfires, record-low waterbird populations, prolonged drought, animal cruelty and a global pandemic still didn't prevent his disappointing decision, to the dismay of the broader wildlife-loving community.

Dedicated volunteer rescuers, wildlife carers and vets were again out on the wetlands to help wildlife shot and left for dead. And despite low numbers of shooters present, reports of disgraceful and cruel behaviour were documented and submitted by Animals Australia investigators.

With Victorian Labor voting overwhelmingly to review their duck shooting policy late last year, and most Labor MPs opposed to this legalised cruelty, the Victorian

Premier is now in the minority in his apparent support for duck shooting.

Thanks to Animals Australia supporters speaking up for ducks at every opportunity, the Victorian government has never been under more pressure to ban this brutal 'recreational' slaughter of native animals, for good. ■



Take action for ducks at: [AnimalsAustralia.org/duck-slaughter](https://AnimalsAustralia.org/duck-slaughter)

## New laws: Critical updates to animal protection legislation

In late 2019, we maximised a once-in-a-decade opportunity to participate in the review of the Prevention of Cruelty to Animals Regulations in Victoria. On your behalf, we made sure that the interests of animals were represented as part of this process — not just the interests of industries opposing positive changes. The new regulations are a very welcome step forward for animals in Victoria including companion animals, animals used in entertainment, wildlife and ‘farmed’ animals. They will hopefully set a precedent for other states to follow. ■



As part of the Prevention of Cruelty to Animals Regulations review, dangerous fruit tree netting will be outlawed in Victoria, meaning native flying foxes and other wildlife will be spared being trapped, injured and killed.



The updated Regulations also make it mandatory in Victoria to provide pain relief to lambs when mulesing — the practice of cutting off with a pair of metal shears the base of a lamb's tail and the skin around their buttocks. Mulesing has been banned in New Zealand due to cruelty, but Victoria is now the first and only Australian state to at least require some pain relief for the procedure.



## Ethical banking progress

Thousands of Animals Australia supporters have spoken out for animals and convinced NAB to develop an animal welfare policy — a first for Australia's ‘Big Four’ banks, and a major step forward for animals.

It comes as a shock to many caring Australians to discover that their hard-earned savings could be being used to prop up industries that don't align with their values — like live export and factory farms. While many banks have policies on investing in industries such as tobacco and coal, most of them don't take animal welfare into account in any meaningful way when choosing who gets their financial support. This means there's nothing stopping them from lending to cruel animal industries — using your money. But thanks to many caring people who have contacted these institutions, we're seeing progress for animals.

In a historic first, banking giant NAB released a set of animal welfare principles and recently shifted its stance on lending related to live export — announcing it would treat it as a “sensitive” sector and take into consideration animal welfare concerns. As one of the major banks in Australia that provides major funding to the industry, this is a significant development for animals — though of course the ultimate step will be refusing to fund live export altogether. ■

**See where your bank stands:**  
[AnimalsAustralia.org/your-bank](https://AnimalsAustralia.org/your-bank)

# RECIPES

## *for change*

Each day through our work, we strive to improve the lives of animals — and our focus is helping those who suffer in the greatest numbers but who are given the least protection from cruelty. In Australia and around the world, that involves the billions of animals trapped in food and slaughter systems: the sheep at risk of live export cruelty, a piglet born into a factory farm, or a frightened cow on a slaughterhouse floor.

The great news is that one of the simplest and most powerful ways we

can help to reduce their suffering — on an enormous scale — is by taking them off our plates. Now, more than ever, people are reconsidering what they eat: whether to protect animals, improve their own health or the health of the planet — they're looking for plant-based food inspiration.

To support this culinary quest to bring more excitement and compassion into the kitchen, we've rolled out a range of delicious recipes and other helpful resources on VegKit.com — enjoy! ■

Visit  
[VegKit.com](https://vegkit.com) for  
100+ delicious  
recipes for  
change.





## Have you seen VegKit.com on TV?

Crème brûlée, anyone? Thanks to your support, we've reached millions of Australians with inspiration for delicious, plant-based eating in our vibrant TV ads and recipe videos. ■



### KIND RECIPE:

# Easy Thai Red Curry

**PREP:** 20 mins

**COOK:** 25 mins

**SERVES:** 4

### YOU WILL NEED:

- ◆ 1 tablespoon olive oil (or sub water)
- ◆ 1 brown onion, sliced thinly
- ◆ 3 cloves garlic, crushed
- ◆ 3 tablespoons Thai red curry paste\*
- ◆ 400 g firm tofu, cut into 1–2 cm cubes
- ◆ 1 x 400g can baby corn spears, drained
- ◆ 1 cup green beans, trimmed
- ◆ 1 red capsicum, seeded and sliced
- ◆ 1 carrot, sliced into moon shapes
- ◆ 1 ½ cup canned coconut milk
- ◆ Rice, to serve

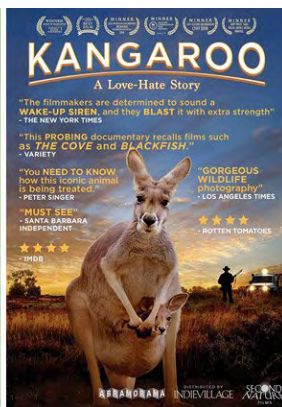
### TO SERVE (OPTIONAL)

- ◆ Handful of Thai basil
- ◆ 1 chilli, finely chopped

- 1 Heat the oil in large fry pan or wok over high heat. Add the onion and sauté for 2 minutes or until softened. Add the garlic and curry paste and sauté for 1 minute or until fragrant.
- 2 Add the tofu and all the vegetables then sauté to sear the vegetables for 5 minutes or until they change in colour. Add all the coconut milk, stir until combined then reduce the heat to medium-low. Let the curry simmer for 10–15 minutes or until the vegetables are tender.
- 3 Divide into bowls, top with Thai basil and chilli if desired. Serve with hot rice. ■

**\*Tip:** Check the ingredient list of your curry paste to ensure that it doesn't contain shrimp paste or fish sauce — the brands Ayam and Five Tastes are readily available. And if you're not a fan of tofu, you can easily substitute with other vegetables!.

Recipe by Anthea, Rainbow Nourishments | [@rainbournourishments](#)



## The watch list: 10 powerful documentaries

The world is rapidly changing, and the impacts of the COVID-19 pandemic continue to flow through every facet of society. During this time of uncertainty, it's more important than ever to focus our energy on creative and compassionate acts — and finding the inspiration to create a kinder world, for everyone.

These films will deliver that inspiration, and everything you'd hope for from a great documentary: insight, heart — and powerful ideas to change the world for the better.

See the full list at  
[AnimalsAustralia.org/must-watch](https://AnimalsAustralia.org/must-watch)

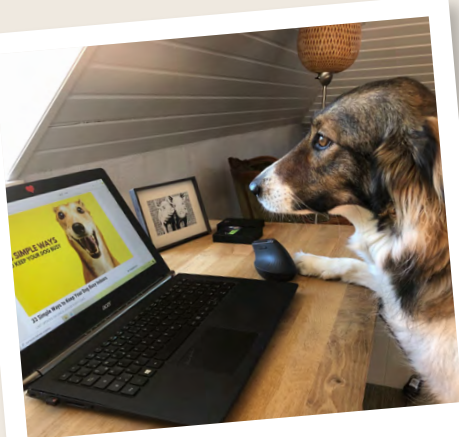
## Fundraiser highlights

Rock legend Billy Idol joined forces with fans to help animals affected by bushfires, when he generously donated to support our emergency bushfire appeal during his 2020 tour. Thanks, Billy!



## Working from home for the animals, with the animals!

We are hearing about some of the positives of working from home: reduced carbon emissions, increased productivity, and more time in the day without long commutes. For the animal members of our team, this unprecedented time has meant having their humans all to themselves, and they couldn't be happier about it.



### FLORA

Flora's research skills are put to use by Gerit, our Animals International Coordinator.



### GEORGE

George is never far away to give Director of Social Media, Kim, a helping paw.



### GINGER

Ginger takes her role of proof-reader very seriously for Director of Development, Lou.

# Leaving a kinder world for animals

By remembering Animals Australia with a gift in your Will, you're making one of the most compassionate commitments possible to future generations — both human and animal — to leave this world a kinder place.

Your legacy of compassion and care for animals will live on through our work, and together

we will make that kinder future for animals we all crave, a reality.

If you have left a bequest to Animals Australia, please get in touch with us on **1800 888 584** or by email on **[bequests@animalsaustralia.org](mailto:bequests@animalsaustralia.org)** so we can ensure we understand your wishes for animals — and to thank you personally.



“When I was a boy  
and I would see scary  
things in the news,  
my mother would  
say to me, *look for  
the helpers. You will  
always find people  
who are helping.*”

Fred Rogers

